

# Cambodian Youth Against Pornography





## PICTURE 1

**STORY:** Chantra lives with his family. Here they are having lunch together. Even though his family have asked him to join them, he prefers to stay inside looking at his phone.



### Discussion Questions

1. Why is Chantra keeping separate from his family?
2. How do you think his family feel?
3. What do you think Chantra should do?

### Suggestions for Facilitator

**Talk about the importance of talking together as a family and eating together.**



## PICTURE 2

**STORY:** Rather than playing with his old friends, Chantra has started looking at porn magazines with some new friends.

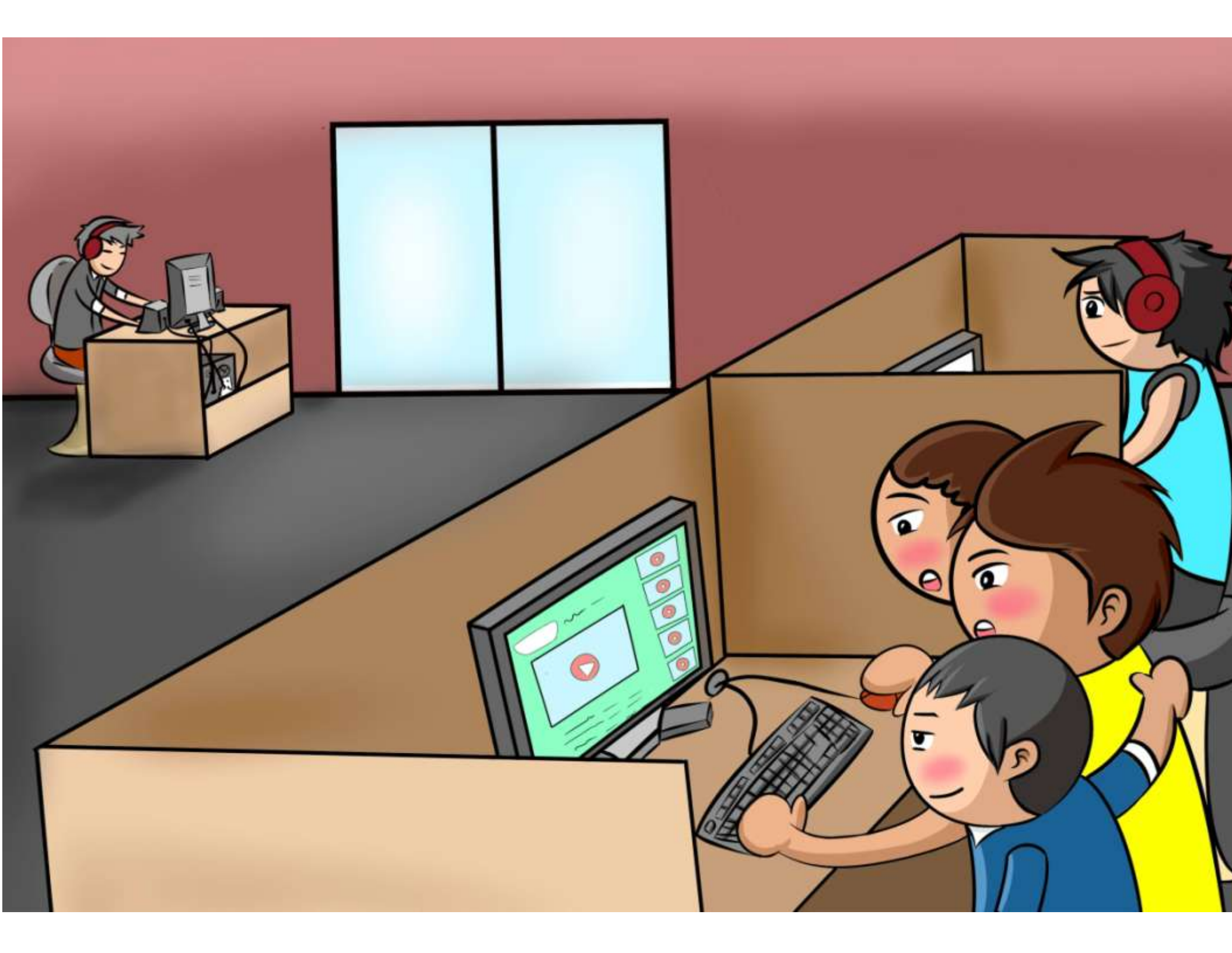


### Discussion Questions

1. What are Chantra and his friends choosing not to do?
2. Why are they doing it away from people?
3. Are they making a good choice?

### Suggestions for Facilitator

**Talk about the importance of playing with friends in a healthy way (e.g. playing sports to build relationships)**



## PICTURE 3

**STORY:** After school, Chantra and his friends spend time in an internet gaming shop and watch porn.



## DISCUSSION QUESTIONS

1. What do children normally do at an internet gaming shop?
2. Do you think Chantra and his friends are making a good decision or not?

## SUGGESTIONS FOR FACILITATOR

**Talk about dangers and spending money in an internet gaming shop (e.g. stealing money, being exposed to watching porn, wasting money)**





## PICTURE 4

**STORY:** It's beginning to affect his ability to concentrate and do well at school...



## DISCUSSION QUESTIONS

1. Why is Chantra watching porn?
2. What are the consequences for Chantra being distracted?
3. What do you think his friend thinks of him?

## SUGGESTIONS FOR FACILITATOR

**Talk about reasons why children watch porn and consequences of watching porn on their study and friendship (e.g. low marks, tiredness, feelings of guilt, frustration with self and others)**



## PICTURE 5

**STORY:** ...as it keeps him up late at night.



## DISCUSSION QUESTIONS

1. Why do you think Chantra has low marks?
2. Why does he keep looking at porn anyway?

## SUGGESTIONS FOR FACILITATOR

**Talk about addiction of constantly watching pornography that can become a bad habit to overcome.**



## PICTURE 6

**STORY:** Nary catches Chantra looking at porn pictures on his phone. She is very uneasy and asks why he is looking at them. He sees she is unhappy and he feels a little ashamed – he loves his sister and doesn't like to upset her.

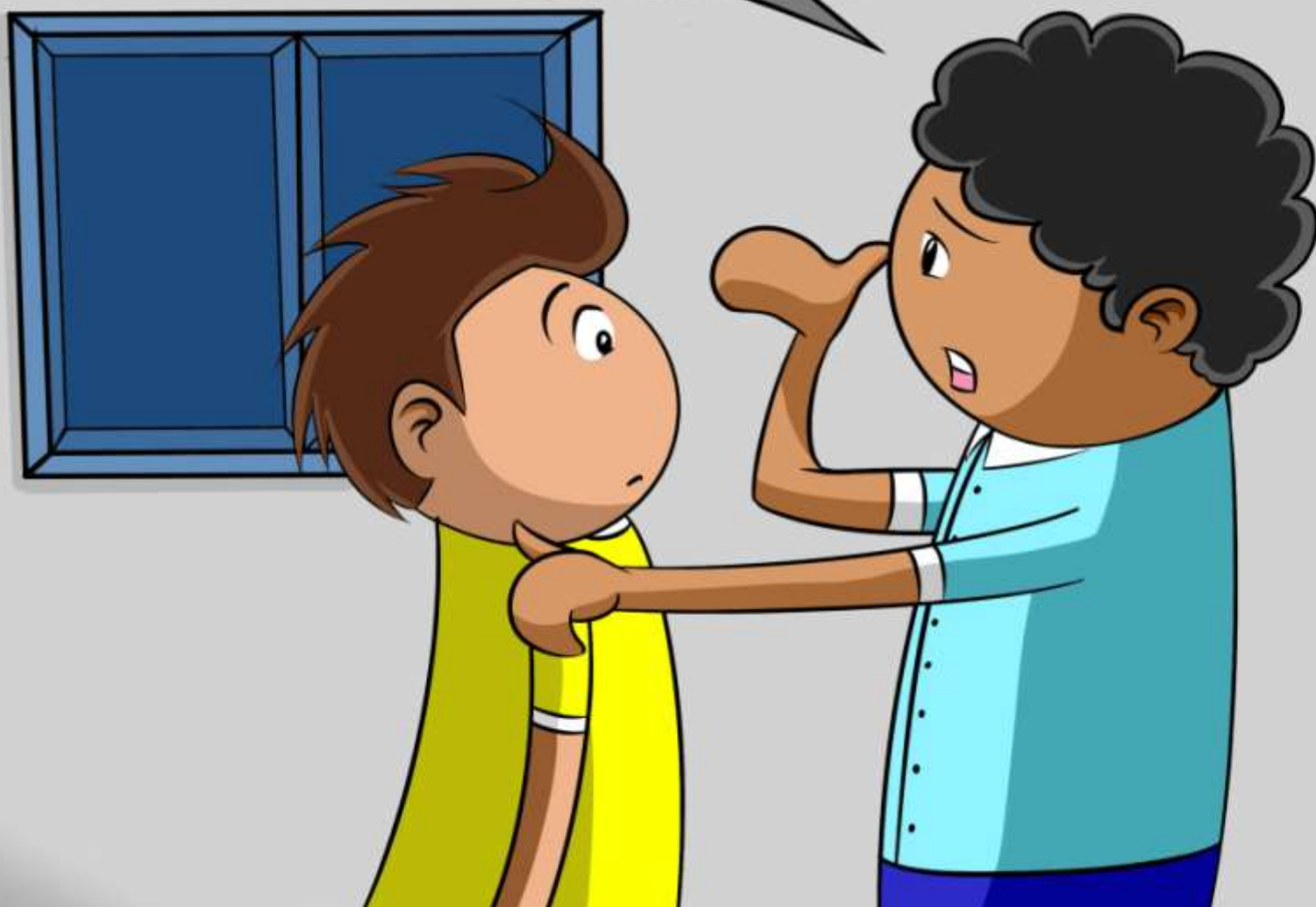


## DISCUSSION QUESTIONS

1. Why is Nary feeling uneasy and unhappy?
2. Why is Chantra feeling ashamed?

## SUGGESTIONS FOR FACILITATOR

**Talk about the feelings of Chantra, Nary and Rith, and why they are feeling this way.**



## PICTURE 7

**STORY:** Rith is also concerned about Chantra. He explains to Chantra about the dangers porn can have on him. Chantra started to think about all of this.



## DISCUSSION QUESTIONS

1. What are the dangers of porn and its consequences?
2. How does it make you feel about your body and other people's bodies?
3. What are the ways that children can access porn?

## SUGGESTIONS FOR FACILITATOR

**Talk about how badly girls and boys are displayed in porn, that can make us feel bad about ourselves and can make us think and see other people's bodies in an unhealthy way, too.**





## PICTURE 8

**STORY:** Even though Chantra has heard about the dangers of porn, he still goes to his friend's house to watch porn on a DVD.



## DISCUSSION QUESTIONS

Even though Rith has talked to Chantra about porn, why is he still watching it?

## SUGGESTIONS FOR FACILITATOR

**Talk about peer pressure.  
Overcoming porn addiction will  
take time.**



## PICTURE 9

**STORY:** As the beer takes effect the boys talk foolishly and laugh at the women in the films they've just watched, and start talking about girls they know. Suddenly one of them says to Chantra, 'Your sister is sexy. Let's take a picture of her!'



## DISCUSSION QUESTIONS

1. What do boys think of women in porn films?
2. Do you think porn is a good teacher of sex and why?
3. What do you think Chantra will do?

## SUGGESTIONS FOR FACILITATOR

**Talk about respect for women and about learning about sex and relationship in a healthy way (e.g. learning from a teacher or parent)**



## PICTURE 10

**STORY:** Chantra is shocked and shouts angrily: 'Don't talk about my sister like that!' He grabs the remote control and throws it on the floor. There is a big argument and Chantra realises that watching porn with these boys could lead to something really bad. So he runs off home feeling frustrated with his friends.



## DISCUSSION QUESTIONS

1. Why is Chantra so angry?
2. What choices does he have now?

## SUGGESTIONS FOR FACILITATOR

**Talk about the characteristics of a good friend and a bad friend.**



## PICTURE 11

**STORY:** The next day Chantra realizes how foolish he and his friends have been and does not want to be thinking of girls in a bad way. He promises to Nary that he will try to quit looking at porn again which makes her happy.

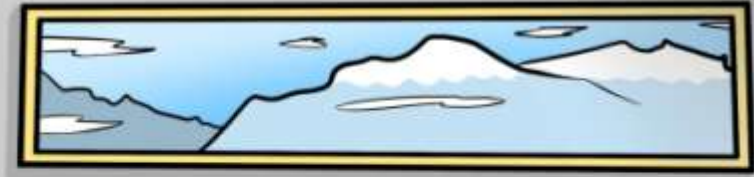


### DISCUSSION QUESTIONS

1. What encourages Chantra to quit watching porn?
2. What will help Chantra keep his promise to his sister?

### SUGGESTIONS FOR FACILITATOR

**Talk about learning from mistakes, say apologies,  
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ការចេះសុំទោស និងការស្វែងរកជំនួយ  
ដើម្បីឈប់មើលរឿងអាសអាភាស។**





## PICTURE 12

**STORY:** Chantra tells Rith what has happened and how shocked he was. Rith then explains to him how porn can be addictive and there are bad people who trick, bully or force girls and boys into making porn. Chantra believes Rith and says, 'No one else has explained to me about porn or sex – maybe we could ask Dad or someone else?'

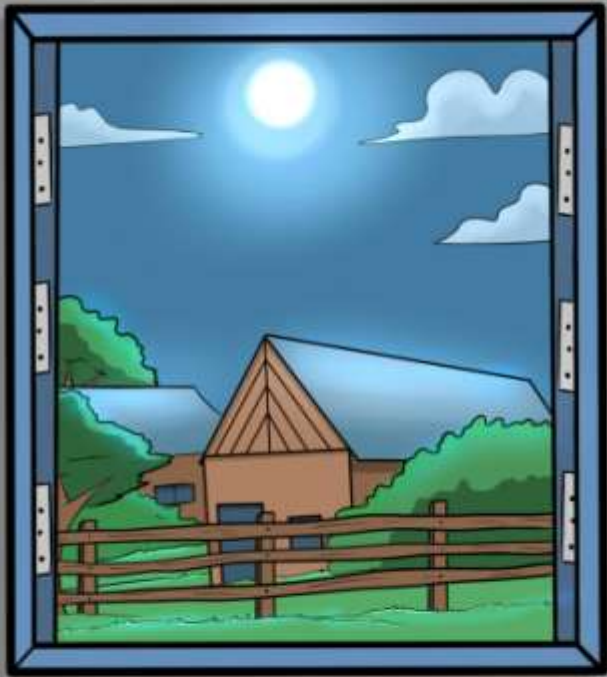


## DISCUSSION QUESTIONS

1. How is Chantra strong enough not to watch porn?
2. Who else can help Chantra be strong?

## SUGGESTIONS FOR FACILITATOR

**Talk about encouraging friends who are struggling and about being committed to helping each other. Also discuss the meaning of 'strong' in this situation.**



## PICTURE 13

**STORY:** Chantra has just finished showering and is getting ready for bed. He sees his phone and realizes that now he is alone, he could watch porn and no one would know. But he also wants to stop watching porn and be free of it.



## DISCUSSION QUESTIONS

1. How can Chantra help himself in a moment like this?
2. In spite of everything that's happened and been said to him, why do you think Chantra is still drawn to watching porn?

## SUGGESTIONS FOR FACILITATOR

**Talk about the issue of porn addiction and the commitment to overcoming the issue (e.g. seeking help, calling the Child Helpline 1280)**



## PICTURE 14

**STORY:** In his struggle, he remembers his promise to his sister and the advice his brother has given him. Knowing it is not only for him but his own family, Chantra resists the urge, turns off his phone and tries to get to sleep.



## DISCUSSION QUESTIONS

1. Chantra knows that his decision is not for him, but also for others. Who would you think of when you were in Chantra's difficult situation?
2. Is there anything else that can help Chantra to stop thinking about porn?

## SUGGESTIONS FOR FACILITATOR

**Talk about five people that they love and care for.**



## PICTURE 15

**STORY:** Chantra is thinking of a person he wants to meet to talk about his struggling, then his uncle comes to his mind that he thinks is a safe person.



## DISCUSSION QUESTIONS

Who would you go to, to talk about your problem if were Chantra?

## SUGGESTIONS FOR FACILITATOR

**Talk about the characteristics of a safe person (e.g. trustworthy, caring, respectful, available, supporting)**





## PICTURE 16

**STORY:** Though not always easy, with help Chantra is able to quit porn and thrives once again at school and enjoys life with his family and friends.



### DISCUSSION QUESTIONS

1. Chantra is now free to enjoy his life without the distraction of porn. What are the things in life that you really enjoy?
2. What is your dream and what steps are you making towards it? What help do you need in making those steps?

### SUGGESTIONS FOR FACILITATOR

**Encourage children to try to achieve their dream for their future (e.g. asking them to draw about what they want to do in the future)**



## PICTURE 17

**STORY:** He is also able to help other boys be strong and not watch porn because of his experience and the freedom he now enjoys.



## DISCUSSION QUESTIONS

1. Chantra's struggles can now be used for a good purpose in helping others. What do you think he will say to the boys?
2. What is the most important lesson you've learnt from Chantra's story?

## SUGGESTIONS FOR FACILITATOR

**Talk about the importance of helping your friends when they are struggling with their problem.**

# **Key Messages**



- 1. I choose to recognize that porn is harmful and to avoid or quit porn.**
- 2. I choose to encourage and support my friends to do the same.**
- 3. I choose to use my time and my money wisely.**
- 4. I choose to learn about sex in a healthy way.**
- 5. I choose a better future for myself and my friends.**